



South Bay Islamic Association
325 N. Third Street, San Jose, Ca. 95112-5246
www.sbia.info

ISLAMIC DRESS CODE

Dear Employer,

This letter is a brief description of the Islamic Dress code for your reference. Although Islamic teachings and interpretations of Islamic laws are varied and vast, the consensus among a majority of Islamic religious scholars is that the dress code for both men and women should be modest.

Men are required to cover themselves from their navel to their knees in front of both men and women. It is highly encouraged for Men to also grow a beard, which is an emphasized "Sunnah" or tradition of the Holy Prophet Muhammad (Peace be upon him). The length of the beard varies in several traditions, but the majority opinion is that it should be at least one "fist" in length. It is required for men to groom and keep their beards clean at all times.

Women are required to wear loose and modest clothing, which covers their entire body. This includes covering the hair by wearing a head scarf (Hijaab) or other headwear, when in public.

The brief guidelines listed above are for your reference, so that you may familiarize yourself and others within your organization with the traditional Islamic dress code for Muslim men and women. It should be noted that Muslim men and women who practice the above dress code, do so because of a sincerely held belief in the practices of their religion, Islam.

If you would like further information on this or other religious requirements for Muslims at the workplace, please feel free to email or call us anytime.

Sincerely,

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